

# SHERWOOD PERSONAL CARE HOME VIRDEN



## IS LOOKING FOR VOLUNTEERS!!!

### Volunteers Needed For:

- “Be a Friend” Visiting Program
- Recreation Assistant
- Garden Helper
- Musical Talent
- Outing Helpers

### Do You:

- Have spare time and want to make a difference and enhance the lives of our residents?
- Enjoy socializing and helping others?

### Are You:

- Enthusiastic, Positive, Respectful, Confidential and Responsible?
- 15 years of age and up in good physical and mental health?

If this sounds like you and you are interested in making a difference, please pick up a volunteer application from the PCH or Health Centre or contact Kristin at 204-578-2066 or [ktischinski@pmh-mb.ca](mailto:ktischinski@pmh-mb.ca) for more information.



PRAIRIE  
MOUNTAIN  
HEALTH

