# SWAN VALLEY LODGE Swan River



# IS LOOKING FOR VOLUNTEERS!!!

fOy

## **Volunteers Needed For:**

- "Be a Friend" Visiting Program
- Recreation Assistant
- Beauty volunteer (painting nails, hair)
- Garden Helper
- Musical Entertainers

### Do You:

- Have spare time and want to make a difference and enhance the lives of our residents?
- Enjoy socializing and helping others?

#### Are You:

- Enthusiastic, Positive, Respectful, Confidential and Responsible?
- 15 years of age and up in good physical and mental health?

If this sounds like you and you are interested in making a difference, please pick up a volunteer application from the PCH or Health Centre or contact Kristin at 204-578-2066 or ktischinski@pmh-mb.ca for more information.

> MOUNTAIN HEALTH



