# Want to make a meaningful **impact**?

Love to **visit** and **help** others?

# STE. ROSE - Dr. Gendreau

Personal Care Home is seeking dedicated volunteers to enhance the lives of the residents we support.

## Volunteers are needed for:



**Recreation Program Assistants** Assist with recreation events and programs.

**Be a Friend Visiting Volunteers** Spend quality time interacting one-one with a resident in a casual setting. This may include visiting, playing games or cards, walks etc. *BUT mostly just being a friend!* 

#### PRAIRIE MOUNTAIN HEALTH

### Learn more

#### **Contact Marsha Forgue**



mforgue@pmh-mb.ca

# Pick up a volunteer application from the facility or apply <u>online</u>.





