Want to make a meaningful **impact**?

Love to **visit** and **help** others?

STE. ROSE - Dr. Gendreau

Personal Care Home is seeking dedicated volunteers to enhance the lives of the residents we support.

Volunteers are needed for:



Recreation Program Assistants Assist with recreation events and programs.

Be a Friend Visiting Volunteers Spend quality time interacting one-one with a resident in a casual setting. This may include visiting, playing games or cards, walks etc. *BUT mostly just being a friend!*

PRAIRIE MOUNTAIN HEALTH

Learn more

Contact Marsha Forgue



mforgue@pmh-mb.ca

Pick up a volunteer application from the facility or apply <u>online</u>.





