

# PMH TEEN CLINIC SCHEDULE 2024/2025

## SEPT

Birtle 19  
 Carberry 11  
 Dauphin 9, 16, 23, 30  
 Erickson 17  
 Gilbert Plains/Grandview 4, 11, 25  
 Hamiota 11  
 Melita 19  
 Neepawa 12  
 Rivers 10  
 Roblin 4, 18  
 Rossburn 12  
 Russell 26  
 Shoal Lake 24  
 Souris NO CLINIC  
 Strathclair 5  
 Swan River 18, 25

## OCT

Birtle 17  
 Carberry 9  
 Dauphin 7, 14, 21, 28  
 Erickson 15  
 Gilbert Plains/Grandview 9, 23  
 Hamiota 9  
 Melita 24  
 Neepawa 10  
 Rivers 8  
 Roblin 2, 16, 30  
 Rossburn 10  
 Russell 24  
 Shoal Lake 22  
 Souris 21  
 Strathclair 3  
 Swan River 9, 16, 23, 30

## NOV

Birtle TBA  
 Carberry 13  
 Dauphin 4, 18, 25  
 Erickson 19  
 Gilbert Plains/Grandview 6, 20  
 Hamiota 13  
 Melita 21  
 Neepawa 21  
 Rivers 12  
 Roblin 13, 27  
 Rossburn 14  
 Russell 28  
 Shoal Lake 26  
 Souris NO CLINIC  
 Strathclair 7  
 Swan River 6, 13, 20, 27

## DEC

Birtle 19  
 Carberry 11  
 Dauphin 2, 9, 16  
 Erickson 17  
 Gilbert Plains/Grandview 4, 18  
 Hamiota 11  
 Melita 12  
 Neepawa 12  
 Rivers 10  
 Roblin 11, 18  
 Rossburn 12  
 Russell 10  
 Shoal Lake TBA  
 Souris 9  
 Strathclair 8  
 Swan River 4, 11, 18

## JAN

Birtle 16  
 Carberry 8  
 Dauphin  
 Erickson 21  
 Gilbert Plains/Grandview 15, 29  
 Hamiota 15  
 Melita 16  
 Neepawa 9  
 Rivers 14  
 Roblin 8, 22  
 Rossburn 9  
 Russell 23  
 Shoal Lake 28  
 Souris NO CLINIC  
 Strathclair 8  
 Swan River 8, 15, 22

## FEB

Birtle 20  
 Carberry 12  
 Dauphin  
 Erickson 18  
 Gilbert Plains/Grandview 12, 26  
 Hamiota 12  
 Melita 13  
 Neepawa 13  
 Rivers 11  
 Roblin 5, 19  
 Rossburn 13  
 Russell 27  
 Shoal Lake 25  
 Souris 10  
 Strathclair 6  
 Swan River 5, 12, 19, 26

## MAR

Birtle 20  
 Carberry 12  
 Dauphin  
 Erickson 18  
 Gilbert Plains/Grandview 12, 19, 26  
 Hamiota 12  
 Melita 13  
 Neepawa 13  
 Rivers 11  
 Roblin 5, 19  
 Rossburn 13  
 Russell 19  
 Shoal Lake 25  
 Souris NO CLINIC  
 Strathclair 6  
 Swan River 5, 12, 19, 26

## APR

Birtle 17  
 Carberry 9  
 Dauphin  
 Erickson 15  
 Gilbert Plains/Grandview 9, 23  
 Hamiota 9  
 Melita 17  
 Neepawa 10  
 Rivers 8  
 Roblin 16, 30  
 Rossburn 10  
 Russell 24  
 Shoal Lake 22  
 Souris 14  
 Strathclair 9  
 Swan River 9, 16, 23, 30

## MAY

Birtle 15  
 Carberry 14  
 Dauphin  
 Erickson 20  
 Gilbert Plains/Grandview 7, 21  
 Hamiota 14  
 Melita 15  
 Neepawa 8  
 Rivers 13  
 Roblin 14, 18  
 Rossburn 8  
 Russell 22  
 Shoal Lake 27  
 Souris NO CLINIC  
 Strathclair 1  
 Swan River 14, 21, 28

## JUNE

Birtle TBA  
 Carberry 11  
 Dauphin  
 Erickson 10  
 Gilbert Plains/Grandview 4, 18  
 Hamiota 11  
 Melita 12  
 Neepawa 12  
 Rivers 10  
 Roblin 11, 18  
 Rossburn 12  
 Russell TBA  
 Shoal Lake TBA  
 Souris 2  
 Strathclair 5  
 Swan River 4, 11

## TIME & LOCATIONS

**Birtle:** 10am – 1pm every 3rd Thurs. of the month @ Birtle Collegiate  
**Carberry:** 10am - 1pm every 3rd Tues. of the month @ Carberry Collegiate  
**Dauphin:** Dauphin Regional Comprehensive Secondary School (DRCSS) Room 233. NP & PHN every other Monday  
**Erickson:** 10am – 1pm every 3rd Tues. of the month @ Erickson Collegiate  
**Gilbert Plains:** 12:30pm-2pm every 2nd Wed. of the month @ Gilbert Plains Collegiate  
**Grandview:** 9am - Noon every 2nd Wed. of the month @ Grandview School  
**Hamiota:** 2nd Wednesday of the month 11am-1pm @ Hamiota Collegiate  
**Melita:** 10am - 2pm 3rd or 4th Thurs. of the month @ Melita School.  
**Neepawa:** 10am - 1pm every 2nd Thurs. of the month @ Neepawa Area Collegiate  
**Rivers:** 12pm - 1:30pm every 2nd Tues. of the month @ Rivers Collegiate  
**Roblin:** 9am-12:30pm every Wednesday @ Goose Lake High school. NP & PHN alternate every other week. MHW attends every other week.

**Rossburn:** 10am – 1pm every 2nd Thurs. of the month @ Rossburn Collegiate  
**Russell:** 10am – 1pm every 4th Thurs. of the month @ Major Pratt Collegiate  
**Shoal Lake:** 4th Tuesday of the month 11am-1pm @ Shoal Lake Collegiate  
**Souris:** Every other month 11-1pm @ Souris School  
**Strathclair:** 10am – 1pm every 1st Thurs. of the month @ Strathclair School  
**Swan River:** PHN 9am- 12pm, every Wed. of the month @ Swan Valley Regional Secondary School (SVRSS)  
**Swan River:** MHW 9am- 3:30 pm every Wed. of the month @ Swan Valley Regional Secondary School (SVRSS)  
**Swan River:** NP 9am- 12 pm, every 2nd Wed. of the month @ Swan Valley Regional Secondary School (SVRSS)

### Legend:

NP - Nurse Practitioner  
 PHN - Public Health Nurse  
 MHW - Mental Health Worker

