

The Volunteer

*I will take the time
To stay awhile
To hush a tear
Or coax a smile*

*I'll understand
The times you're sad
Share the laughter
When you are glad*

*I will phone a friend
Or comb your hair
If you need me
I'll be there*

*To hold your hand
And calm your fear
I am your friend
A volunteer*



To request a volunteer
please contact your
Palliative Care Coordinator
or inquire at your local
healthcare facility.

For More Information About
Volunteering Contact:

Regional Palliative Care
Volunteer & Bereavement
Coordinator:
204-578-2310

Other Palliative Care brochures:

- Palliative Care Program
- Pain Control at the End of Life
- Foods and Fluids at the End of Life
- What to Expect at the End of Life
- Understanding Your Grief

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Palliative Care Volunteer Services

Palliative Care Program

*There is no road map
For this journey.
Every person's life
And death is unique.*

About the Service

The purpose of Palliative Care Volunteer Services is to complement the existing professional services and resources to provide emotional, psychosocial and spiritual support for palliative care clients and their families.

Volunteers are an integral part of the palliative care team. Trained volunteers provide compassionate and confidential care for the client and their family in the home, hospital or other healthcare facility.

Palliative care volunteers come from all walks of life, age, ethnicity, faith and professional backgrounds. Volunteers are good listeners, caring, empathetic, non-judgemental and trustworthy.

Palliative care volunteers are available in many communities in the Prairie Mountain Health Region.

A Volunteer Can Provide...

Companionship – “just be there” for the client, this may include holding their hand, reading, listening to music, playing card games and watching TV.

Emotional Support – encourage the client to tell their story and share their feelings. Volunteers are trained to be present, listen and validate the client’s experience.

Practical Support – provide information, resources and other forms of practical support to assist the client and their family.

Caregiver Respite – stay with the client for short periods of time, allowing the caregiver to rest and the client to not be alone.

Bereavement Support – provide or help with accessing grief and bereavement supports.

Advocacy – promote palliative care awareness in the community and participate in various fundraising and educational activities.

A Volunteer Cannot...

- Become involved with the finances or property of the client or the family.
- Witness wills, be an executor of a will, nor undertake the role a power of attorney.
- Provide any personal care or medical care for the client or the family.
- Make decisions about the need for medication, or measure out dosages.
- Provide advice, professional counselling or therapy.
- Provide housekeeping and laundry services.
- Accept or give gifts.

To Request A Volunteer...

Volunteers will only be contacted upon the request of a client and or family. Please contact your Palliative Care Coordinator or inquire at your local healthcare facility.