

Prairie Mountain Health

HEALTHY BABY PROGRAM



Having a baby? Have a baby under one year of age?

Join the free Healthy Baby Program!

Learn about baby's growth and development, meet others, enjoy a snack, do activities with your baby and receive milk coupons (if eligible). Support people are welcome.

COMMUNITY	LOCATION	DATE	TIME
Birtle	Health Centre Boardroom	4th Wednesday	1 pm to 3 pm
Boissevain	Mennonite Brethren Church	2nd Wednesday	10 am to NOON
Brandon (parent & baby)	Brandon Vineyard Community Church	2nd & 4th Tuesday	10 am to NOON & 1 pm to 3 pm
Brandon (prenatal)	Brandon Vineyard Community Church	1st Tuesday	1 pm to 3 pm
		3rd Monday	5:30 pm to 7:30 pm
Carberry	Health Centre Boardroom	4th Tuesday	10 am to NOON
Erickson	Lutheran Church	3rd Monday	1 pm to 3 pm
Glenboro	United Church	1st Wednesday	10 am to NOON
Grandview	Elementary School	3rd Thursday	9:30 am to 11:30 am
Hamiota	Cornerstone Pentecostal Church	3rd Tuesday	1 pm to 3 pm
Killarney	New Life Assembly Church	3rd Wednesday	10 am to NOON
Melita	Elim Chapel	1st Tuesday	1 pm to 3 pm
Minnedosa	United Church	3rd Tuesday	10 am to NOON
Neepawa	Library	2nd Tuesday	10 am to NOON
Neepawa	Immigrant Settlement Services	2nd Tuesday	1:30 pm to 3:30 pm
Rivers	Zion Church	1st Wednesday	1 pm to 3 pm
Roblin	First United Church	3rd Tuesday	1 pm to 3 pm
Russell	Multiplex (Bunge Room)	3rd Wednesday	1 pm to 3 pm
Ste. Rose	Health Office	3rd Wednesday	10 am to NOON
Swan River	Temple Baptist Church	2nd & 4th Tuesday	1 pm to 3 pm
Treherne	Rec Centre (Kin Room)	1st Tuesday	10 am to NOON
Virden	Oxford Assembly Church	2nd Tuesday	10 am to NOON
		4th Tuesday	1 pm to 3 pm

Interested in joining a virtual session? Virtual Healthy Baby sessions are offered monthly!

4th Monday @ 1:30 – 3:00pm

To register for virtual sessions please contact:
Healthy Baby Coordinator | 204-578-2545 | swoodmass@pmh-mb.ca