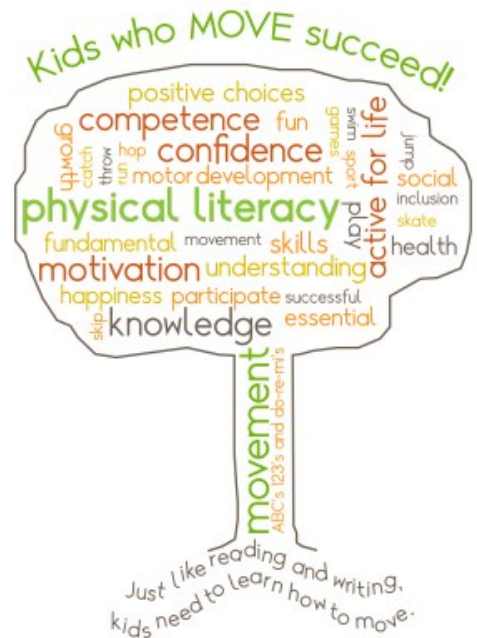


Physical Literacy Kit Loaner Program



Physical literacy is merely about developing the fundamental movement skills that all children need, such as running, hopping, throwing, catching and jumping. These movement skills in turn give kids the confidence to participate in different physical activities, sports, and games.

Try it for FREE!

Kits are loaned out to residents of Prairie Mountain Health. Contact our admin to book a kit and arrange community of choice for pick up.

Health Promotion Admin

HealthPromotion2@pmh-mb.ca

204-578-2193



Please follow social distancing practices. All equipment will be disinfected before each user.

Kit Contents

