

Measles

Measles is a highly contagious disease that spreads through coughing, sneezing, and close contact. It can lead to serious complications, especially in young children and those with weakened immune systems.

Symptoms include:

- Fever
- Cough and runny nose
- Red, watery eyes
- Red blotchy rash that spreads across the body

There is no cure:

- Treatment focuses on relieving symptoms

Help stop the spread:

- Make sure you and your children are up to date on vaccines
- Stay home if you are sick
- Talk to your Public Health nurse if you are eligible for the vaccine

The best protection? Vaccination.



- The MMR vaccine (measles, mumps, rubella) is safe, effective, and essential for preventing outbreaks



If you suspect measles and need to be seen please call your Primary Care Provider or Emergency Department to advise that there is a potential for measles before going to the facility. For more information scan the QR code.

