

BECOME A MENTAL HEALTH FIRST AIDER

UPCOMING TRAINING SESSIONS 2024/2025

Mental Health First Aid Course

Adults who interact with youth ages 12 - 24 years of age.



Mental Health First Aid (MHFA) is the initial help provided to someone experiencing a mental health problem. In this course - Adults who interact with Youth will learn to interact confidently with the young people experiencing mental health crisis.

SWAN RIVER 2025

Tues. & Wed.
April 29 & 30
8:30 am to 5 pm

Vetrans Community Hall
119 6th Ave. N
(access from back lane)

DAUPHIN 2025

Tues. & Wed.
June 10 & 11
8:30 am to 5 pm

Community Health Bldg
Boardroom A & B
625 Third Street SW

To register contact:

Lana Parker | lparker@pmh-mb.ca | 204-638-2118 ext. 1713

Cost: \$125.00

Lunch not provided

