



PRAIRIE MOUNTAIN HEALTH



Health Promotion Lending Programs



Nature Discovery Backpacks

Unleash your inner explorer and embark on a captivating journey with Nature Discovery Backpacks - where the wonders of the great outdoors meet the thrill of hands-on science and immersive nature-based learning. Each backpack contains Manitoba field guides, water quality testing kits, binoculars, collection jars and a take-home workbook.



Physical Literacy Kits

Looking for fun ways to keep your kids active at home, while working on fundamental movement skills? Our physical literacy kits include easy-to-use games and activities designed to help children develop essential movement skills while having fun together. Each kit includes bean bags, books, bucket stilts, hoops and more!



Geocaching Kits

Ready for an outdoor adventure? Our kits include everything you need to explore, search for hidden treasures, and enjoy the thrill of the hunt! Perfect for families looking to get active and explore their community in a fun and engaging way. Each kit includes global positioning system (GPS) units and instructions.

All kits are FREE to borrow

For more information or to book a kit contact:
1-877-509-7852 healthpromotion2@pmh-mb.ca

