



# Growing Our Impact

## CULTIVATING IDEAS FOR COMMUNITY WELLNESS

Many seeds have been planted with the help of Healthy Together Now funding over the past 15 years and now is a great time for a new idea to take root and flourish in your community! Join us for a **FREE** one-day workshop to find ways to re-energize and work together toward community wellness.

### YOU'RE INVITED!



April 30th, 2024 – Elkhorn Resort, Clear Lake  
OR  
May 2nd, 2024 – Westwood Inn, Swan River



Time  
10:00 am – 2:30 pm  
Lunch included



For more information contact:

PMH South: Tara Smith, [tsmith@pmh-mb.ca](mailto:tsmith@pmh-mb.ca) 204-328-6215

PMH Brandon: Nikki Dean, [ndean@pmh-mb.ca](mailto:ndean@pmh-mb.ca) 204-578-2194

PMH North: Deb Wilson, [dwilson@pmh-mb.ca](mailto:dwilson@pmh-mb.ca) 204-937-6277



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locations to  
choose from

FREE

Register by: April 5th  
Space is limited so register early!

REGISTER NOW