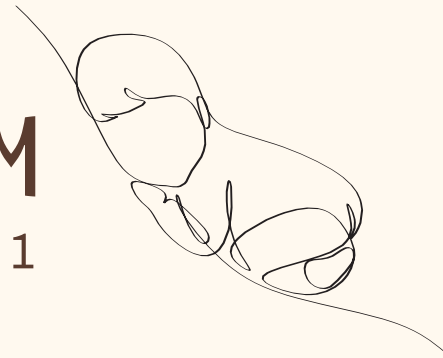




Prairie Mountain Health

HEALTHY BABY PROGRAM

For pregnant people & parents with babies under 1



Are you having a baby?
Have a baby under one year?
 Join the Healthy Baby Program

**Brandon Vineyard
 Community Church**
 1327 Rosser Ave.

2nd & 4th Tuesday
10-12pm & 1-3pm

At Healthy Baby you can ask questions about your pregnancy, learn about your baby's growth and development, meet other parents, enjoy a healthy snack, do activities with your baby and receive milk coupons (if eligible). Support people are welcome.

Prefer to join online?
 Monthly virtual sessions
4th Monday 1:30 - 3pm

Evening prenatal
3rd Monday
5:30-7:30pm

For more information or to register for virtual sessions:
204-578-2545 or swoodmass@pmh-mb.ca

Updated June 2024

