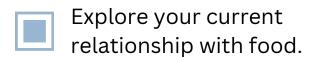
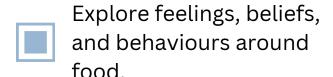
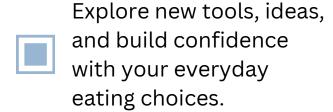


Impowered Eating

Develop a healthier relationship with food.









Tues. Oct. 22, 29, Nov. 5 & 12



1:30-3:30pm



Virtual (online)



Thurs. Nov. 7, 14, 21 & 28



6:30-8:30pm



Swan Valley Health Centre

REGISTER NOW For this FREE Program



1-877-509-7852





