

BECOME A MENTAL HEALTH FIRST AIDER

DAUPHIN

Mental Health First Aid Course

Adults who Interact with Youth



Mental Health First Aid (MHFA) is the initial help provided to someone experiencing a mental health problem. In this course - Adults who interact with Youth will learn to interact confidently with the young people experiencing mental health crisis.

Tues. & Wed. | Jan. 7 & 8, 2025

8:30 am to 5 pm

**Dauphin Community Health Office | Boardroom A & B
625 Third Street SW**

To register contact:

**Lana Parker | lparker@pmh-mb.ca
204-638-2118 ext. 1713**

**Cost: \$125.00
Lunch not provided**