Want to make a Meaningful **Impact**?

Love to **visit** and **help** others?

BENITO PCH is seeking dedicated volunteers to enhance the lives of the residents we support.

Volunteers are needed for:

"Be a Friend" Volunteers

Spend time one to one with residents (visits, reading, walking, playing games etc.)



Recreation Helpers Assist residents at

recreation programs.

PRAIRIE MOUNTAIN HEALTH

Contact Kristin Tischinski

204-578-2066

Learn more

ktischinski@pmh-mb.ca

Pick up a volunteer application from the facility or apply <u>online</u>.





