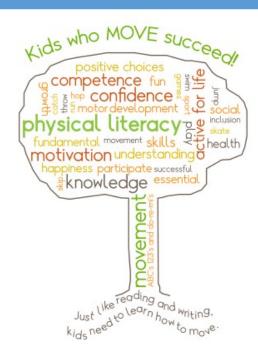
Physical Literacy Kit Loaner Program

Physical literacy is merely about developing the fundamental movement skills that all children need, such as running, hopping, throwing, catching and jumping. These movement skills in turn give kids the confidence to participate in different physical activities, sports, and games.



Try it for FREE!

Kits are loaned out to residents of Prairie Mountain Health. Contact one of our staff to book a kit and arrange community of choice for pick up.

North Prairie Mountain Health

Roblin District Health Centre

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Brandon/South Prairie Mountain Health

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