



Prairie Mountain Health HEALTHY BABY program

For pregnant women & parents with babies under 1

Healthy Baby is a drop-in program where you can ask questions about your pregnancy, learn about your baby's growth and development, meet other parents, enjoy a healthy snack, do activities with your baby and receive milk coupons (if eligible).

Virtual Sessions on Microsoft Teams

COMMUNITY	DATE	TIME
Grandview	January 20, 2022	9:30 - 11:30 am
	February 17, 2022	9:30 - 11:30am
	March 17, 2022	9:30 - 11:30am
Roblin	January 18, 2022	1 - 3 pm
	February 15, 2022	1 - 3 pm
	March 15, 2022	1 - 3 pm
Ste. Rose	January 19, 2022	10 am - Noon
	February 16, 2022	10 am - Noon
	March 16, 2022	10 am - Noon
Swan River	January 11 & 25 2022	1 - 3 pm
	February 8 & 22, 2022	1 - 3 pm
	March 8 & 22, 2022	1 - 3 pm

To register for these sessions or for more information
please call 1-204-629-3001

