

Prairie Mountain Health HEALTHY BABY program

For pregnant women & parents with babies under 1

Healthy Baby is a drop-in program where you can ask questions about your pregnancy, learn about your baby's growth and development, meet other parents, enjoy a healthy snack, do activities with your baby and receive milk coupons (if eligible).

Virtual Sessions on Microsoft Teams

COMMUNITY	DATE	TIME
Treherne	Wednesday, October 13, 2021 and Wednesday October 20, 2021	@ 1:30 - 3:30 pm and @ 10:00am -12:00pm
	Wednesday, November 17, 2021	@ 10:00am —12:00pm
	Wednesday, December 15, 2021	@ 10:00am —12:00pm
	Wednesday, October 13, 2021 and Wednesday October 20, 2021	@ 1:30 - 3:30 pm and @ 10:00am -12:00pm
Glenboro	Wednesday, November 17, 2021	@ 10:00am —12:00pm
	Wednesday, December 15, 2021	@ 10:00am —12:00pm
	Wednesday, October 13, 2021 and Wednesday October 20, 2021	@ 1:30 - 3:30 pm and @ 10:00am -12:00pm
	Wednesday, November 17, 2021	@ 10:00am —12:00pm
Boissevain	Wednesday, December 15, 2021	@ 10:00am —12:00pm
	Wednesday, October 13, 2021 and Wednesday October 20, 2021	@ 1:30 - 3:30 pm and @ 10:00am -12:00pm
	Wednesday, November 17, 2021	@ 10:00am —12:00pm
	Wednesday, December 15, 2021	@ 10:00am —12:00pm
Killarney	Wednesday, October 13, 2021 and	@ 1:30 - 3:30 pm and
	Wednesday, November 17, 2021	@ 10:00am —12:00pm
	Wednesday, December 15, 2021	@ 10:00am —12:00pm
	Wednesday, October 13, 2021 and	@ 1:30 - 3:30 pm and

To register for these sessions or for more information
please call 1-204-526-2792 or email MVanDenBussche@pmh-mb.ca