



Prairie Mountain Health HEALTHY BABY program

For pregnant women & parents with babies under 1

Healthy Baby is a drop-in program where you can ask questions about your pregnancy, learn about your baby's growth and development, meet other parents, enjoy a healthy snack, do activities with your baby and receive milk coupons (if eligible).

Virtual Sessions on Microsoft Teams

COMMUNITY	DATE	TIME
Boissevain	Wednesday, January 13, 2021	10 am to Noon
	Wednesday, February 10, 2021	10 am to Noon
	Wednesday, March 10, 2021	10 am to Noon
	Wednesday, April 14, 2021	10 am to Noon
	Wednesday, May 12, 2021	10 am to Noon
Glenboro	Wednesday, January 6, 2021	10 am to Noon
	Wednesday, February 3, 2021	10 am to Noon
	Wednesday, March 3, 2021	10 am to Noon
	Wednesday, April 7, 2021	10 am to Noon
	Wednesday, May 5, 2021	10 am to Noon
Treherne	Tuesday, January 5, 2021	10 am to Noon
	Tuesday, February 2, 2021	10 am to Noon
	Tuesday, March 2, 2021	10 am to Noon
	Tuesday, April 6, 2021	10 am to Noon
	Tuesday, May 4, 2021	10 am to Noon

To register for these sessions or for more information
please call 1-204-526-2505 or email mvandenbussche@pmh-mb.ca