



# Prairie Mountain Health January—March 2022

Brandon Public Health Services offers Afternoon Prenatal series to support young pregnant individuals, aged 24 and younger, to provide additional support about pregnancy, child-birth and parenting. Nine sessions are offered in each series, with the series repeated throughout the year. Partners/support persons are welcome to attend. Registration is required.

## Brandon Afternoon Prenatal Sessions

January 6

January 13

January 20

January 27

February 3

February 10

February 17

February 24

March 3

**Time: 1:30—3:30**

The COVID-19 situation is rapidly changing; please contact the Healthy Baby Coordinator to register, and find out the most up-to-date information.

Healthy Baby Coordinator | 204-578-2545 | [ebrown2@pmh-mb.ca](mailto:ebrown2@pmh-mb.ca)