



Prairie Mountain Health November 2021—January 2022

Brandon Public Health Services offers Afternoon Prenatal series to support young pregnant individuals, aged 24 and younger, to provide additional support about pregnancy, child-birth and parenting. Nine sessions are offered in each series, with the series repeated throughout the year. Partners/support persons are welcome to attend. Registration is required.

Brandon Afternoon Prenatal Sessions

Session #1—November 25

Session #2—December 2

Session #3—December 9

Session #4—December 16

Session #5—December 23

Session #6—January 6

Session #7—January 13

Session #8—January 20

Session #9—January 27

Time: 1:30—3:30

The COVID-19 situation is rapidly changing; please contact the Healthy Baby Coordinator to register, and find out the most up-to-date information.

Healthy Baby Coordinator | 204-578-2545 | ebrown2@pmh-mb.ca