

# WHAT TO DO WHEN YOU FIND A NEEDLE



## CHILDREN

Do not touch it!  
Leave needle where it is.  
Tell an adult.

## ADULTS

If you see a needle, you can pick it up carefully to protect someone else from being accidentally poked.

## WHAT IF A NEEDLE POKES YOU?

1. Allow puncture site to bleed. This helps flush germs away. Do not squeeze.
2. Wash area with soap and water.
3. Go to any emergency room as soon as possible. They will be able to assess exposure, risk and provide necessary care.

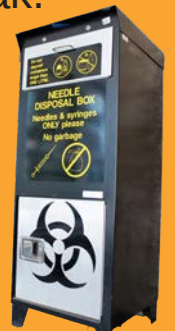
KEEP IN MIND RISK OF INFECTION IS VERY LOW

1. Use tongs, pliers or tweezers to pick up the plastic end of the needle. Point the tip down and away from your body. DO NOT try to put the cap back on the needle.



2. Put the needle in a sturdy plastic container. Close the container securely and tape the lid tightly. Bleach or laundry detergent bottles are best. A plastic soda bottle will work. DO NOT use glass jars because they can break. Wash your hands.

3. Needles in a secured plastic container can be taken to any Prairie Mountain Health Facility/Public Health Office or your Community Sharps Disposal box.



Call Health Links/Info Sante  
at 1-888-315-9257

