

You are invited to a .....  
**Harm Reduction Public Information Session**

Who should attend?

Community members interested in learning about resources available in the community through the Addictions Foundation of Manitoba and 7<sup>th</sup> Street Health Access Centre.

**Monday, October 15, 2018 | 6:30pm to 8:30pm**

**Clarion Hotel and Suites | Regency ABC | 3130 Victoria Ave, Brandon**

**No Cost | No Registration Required | Refreshments Provided**

**Addictions Foundation of Manitoba  
(AFM)  
Service Overview**

**Olivia Neufeld**, AFM Prevention, Education Consultant, and **Michaela Hopfner-Mailman**, AFM Community Addictions Worker will provide:

- An overview of AFM programs and services available in our region. They will provide information on Harm Reduction and support services in Brandon and Surrounding area.
- Information on community resources other than AFM will also be available.

**Prairie Mountain Health  
7<sup>th</sup> Street Health Access Centre  
and Harm Reduction**

**Hope Roberts**, RSW, Service Navigator, will provide information on:

- Resources available in Brandon with a goal of arming community members with knowledge of how to access and effectively use the resources available in our community.
- Fear of sharps disposal in the community, reducing stigma and practical solutions for addressing sharps.

**Harm Reduction** can be defined as a set of **strategies and tactics** that encourages people to reduce harm to themselves and their communities, through the sharing of relevant information, facts and practical tools that will empower individuals to make **informed and educated decisions**.

It recognizes the competency of their efforts to **protect themselves, their loved ones and their communities.**"

Health Canada, Harm Reduction Considered and Applied

**For more information please contact:**

Jennifer Newitt, Clinical Educator, PMH (204) 578-2530, [jnewitt@pmh-mb.ca](mailto:jnewitt@pmh-mb.ca) OR

Olivia Neufeld, Prevention Education Consultant, AFM (204) 729-3866, [oneufeld@afm.mb.ca](mailto:oneufeld@afm.mb.ca)

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**MY HEALTH TEAM**  
Brandon

