

# **FLU SHOT and COVID VACCINE Clinic**

Receive your **FLU SHOT** or  
**COVID VACCINE** if eligible or **BOTH**.

**Add  
Another  
Layer of  
Protection!**

## **CLINIC DATES IN PMH NORTH**

Two ways to book your appointment ***starting October 18***: ONLINE or PHONE

Online Booking: <https://protectmb.ca/making-your-appointment-is-easy/>

**CALL: 1-844-626-8222** (\*unless otherwise indicated)

Phone line open 7 days a week between the hours of 6 am – 8 pm

**Appointment Preferred | Walk-ins may be accepted**

COVID vaccine eligibility: <https://manitoba.ca/covid19/vaccine/eligibility-criteria.html#criteria>

Remember your Manitoba Health Card.

### **Central District**

<b>Town</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
Dauphin #1	Thurs. November 4	1 pm to 8 pm	Ukrainian Orthodox Hall (8 <sup>th</sup> Ave Hall)
Dauphin #2	Mon. November 8	9 am to 4 pm	Ukrainian Orthodox Hall (8 <sup>th</sup> Ave Hall)
Dauphin #3	Tues. November 9	9 am to 4 pm	Ukrainian Orthodox Hall (8 <sup>th</sup> Ave Hall)
Ethelbert	Wed. November 10	11 am to 6 pm	Ethelbert Primary Health Centre (31 Railway Ave. N.)
Winnepegosis	Mon. November 8	11 am to 6 pm	New Horizon Seniors Centre

### **East District**

Alonsa	Thurs. November 4	9 am to 4 pm	Alonsa Community Centre
Crane River	Wed. November 10	10 am to 2 pm	Crane River Health Office
McCreary	Tues. November 2	11 am to 6 pm	McCreary Community Centre
*Meadow Portage	Tues. November 9	9 am to 4 pm	Meadow Portage Community Hall <b>Call 204-628-3329 to book</b>
Rorketon	Tues. November 16	10 am to 2 pm	Lawrence Community Centre
Ste. Rose #1	Wed. November 17	11 am to 6 pm	Ste. Rose Community Centre
Ste. Rose #2	Thurs. November 18	9 am to 4 pm	Ste. Rose Community Centre
*Waterhen	Mon. November 8	9 am to 4 pm	Waterhen Primary Health Care Centre <b>Call 204-628-3329 to book</b>

### **West District**

Grandview #1	Wed. November 10	9 am to 4 pm	Kinsmen Community Centre
Grandview #2	Thurs. November 18	11 am to 6 pm	Kinsmen Community Centre
Roblin #1	Mon. November 8	9 am to 4 pm	Roblin Community Centre
Roblin #2	Tues. November 16	11 am to 6 pm	Roblin Community Centre

## North District

*Barrows	Mon. November 8	11 am to 2 pm	Barrows Community Hall <b>Call 204-545-6275 to book</b>
Benito	Mon. November 8	10 am to 2 pm	Benito Legion Hall (95 Railway Ave.)
Bowsman	Tues. November 9	10 am to 2 pm	Bowsman Legion Hall
*Camperville	Mon. November 15	10 am to 2 pm	Camperville Health Centre <b>Call 204-524-2169 to book</b>
*Duck Bay	Mon. November 22	10 am to 2 pm	Duck Bay Health Office <b>Call 204-524-2169 to book</b>
Mafeking	Fri. November 12	10 am to 2 pm	Mafeking Legion Hall
Swan River #1	Mon. November 15	11 am to 6 pm	Swan River Veteran's Hall (119 6 <sup>th</sup> Ave. N)
Swan River #2	Tues. November 16	9 am to 4 pm	Swan River Veteran's Hall (119 6 <sup>th</sup> Ave. N)
Swan River #3	Wed. November 17	1 pm to 8 pm	Swan River Veteran's Hall (119 6 <sup>th</sup> Ave. N)
Swan River #4	Thurs. November 18	9 am to 4 pm	Swan River Veteran's Hall (119 6 <sup>th</sup> Ave. N)
*Wuskwi Sipiik	Wed. November 10	11 am to 2 pm	Wuskwi Sipiik Health Centre <b>Call 204-236-4894 to book</b>

Masks are required. Please bring and wear one.

For flu clinic information  
please visit our website at  
[www.prairiemountainhealth.ca](http://www.prairiemountainhealth.ca)  
and find us on social media

