

# **MURRAY HOUSE**

## **Accommodation Guide**



521 Frederick Street  
Brandon, MB R7A 5L1  
204 - 717 - 8700



**PRAIRIE MOUNTAIN HEALTH**  
**SANTÉ PRAIRIE MOUNTAIN**



**Brandon Regional  
Health Centre  
FOUNDATION**



*the Foundation for a  
Healthier Community*

The Brandon Regional Health Centre Foundation is committed to raising funds to support healthcare needs in the region.

Donations to the Foundation help fund a variety of purchases and projects within the community for the benefit of all who are served by the Brandon Regional Health Centre.

**Please support your Brandon Regional Health Centre Foundation by making a donation today.**

**Donate ~**

- in memory or honour of a loved one
- in gratitude for exceptional healthcare received
- in celebration of a special event
- through Planned Giving
- through corporate philanthropy
- by hosting a fundraiser

**The Brandon Regional  
Health Centre Foundation**

150 McTavish Avenue East  
Brandon, Manitoba R7A 2B3  
204-578-4227  
info@brhcfoundation.ca  
www.brhcfoundation.ca

***Raising funds to support healthcare  
needs in the regional community***



# Murray House



**M**urray House is a residence that provides safe, comfortable accommodations for people coming to Brandon who require medical testing or treatment at the **Western Manitoba Cancer Centre (WMCC)**. Murray House was built, equipped, and furnished by the Brandon Regional Health Centre Foundation (BRHCF) and is managed by Prairie Mountain Health (PMH).

This booklet is intended to provide useful information about the residence. Please feel free to share this information with family and friends so they too have an understanding of Murray House, your *“home away from home.”* In this booklet you will find:

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## GENERAL INFORMATION ABOUT THE HOUSE

*T*here is no place like home, but we try to be second best. Murray House is an eight bed residence run by Prairie Mountain Health. Its purpose is to provide lodging for patients who need to travel more than 40 km for their cancer treatments. Patients register for their rooms in advance and can stay for the duration of their treatment. Family and friends are also welcome to stay with you with a maximum of two people per room. Murray House is a non-smoking, non-vaping, scent free, pet free residence.

Murray House is not a medical facility. All cancer treatments and related medical needs will be done at the **Western Manitoba Cancer Centre**, which is about one block away. Your comfort and safety are our main concern. A support person is required to stay with you if you require any assistance. Please bring your medications with you as the House does not stock drugs or medicine of any kind. Nursing care and medical supervision are not provided within Murray House.

## HOURS OF OPERATION

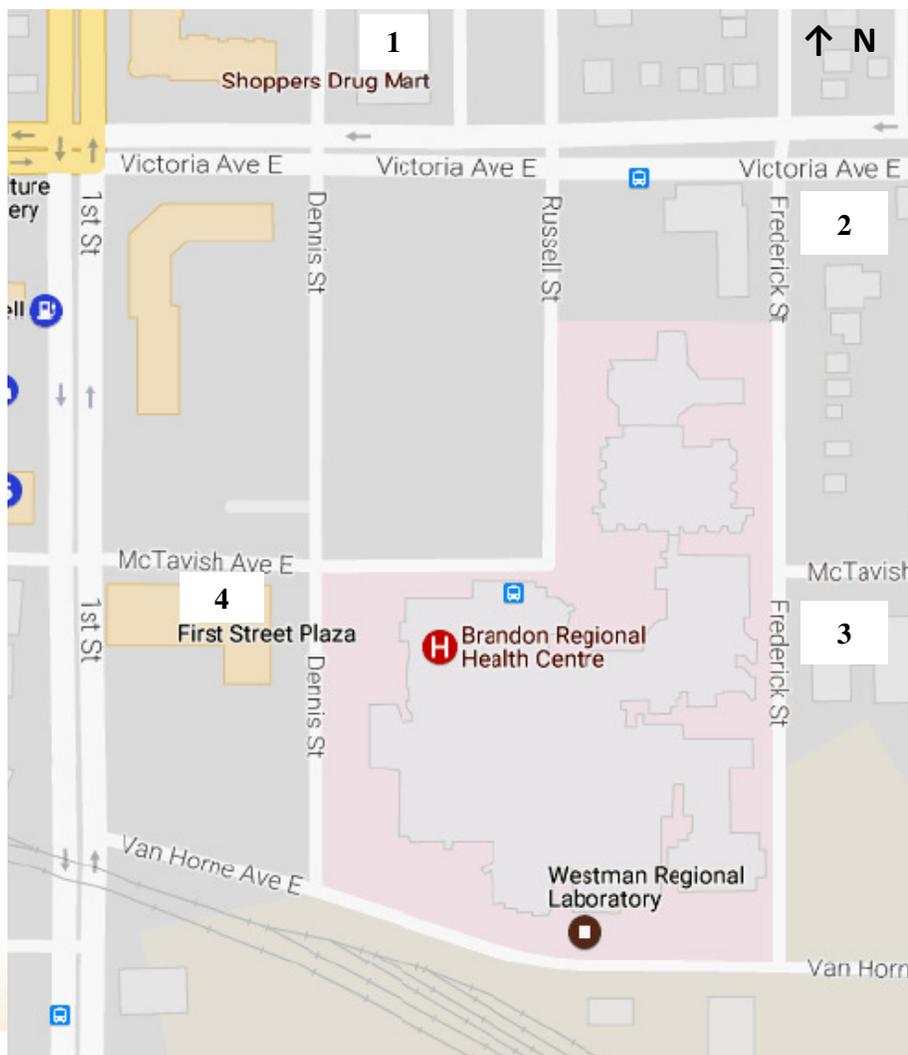
- Murray House is accessible 24 hours a day with card access and you may come and go as you please. A card will be given to you when you check in. Keep it with you at all times to access Murray House and your private room.
- A receptionist is present in the house from 9:00 a.m. to 2:30 p.m. Monday to Friday.
- Checkout time is 11 a.m. on Friday.
- Murray House is closed on weekends and all designated holidays. However, exceptions may be made if weekend treatments are required or travel home is not possible.

# DIRECTIONS AND PARKING

**F**ree parking is available at Murray House for residents who are staying in the house. Each guest is allowed one parking space. Companions or visitors must find alternate parking. Guests must supply their own extension cords for plug ins.

**Western Manitoba Cancer Centre**, 300 McTavish Avenue East, is located one block south of Murray House. A six hour metered public parking lot is located on the east side of the **Western Manitoba Cancer Centre**. The cost is 50 cents (\$0.50) per hour. Access to the parking lot is from McTavish Avenue.

Additional parking is available through the Brandon Regional Health Centre's Parking Services. Please call the Parking Attendant at **204-578-2033** for more information.



- 1 - Shopper's Drug Mart
- 2 - Murray House
- 3 - Western Manitoba Cancer Care
- 4 - Brandon Clinic Pharmacy

## VISITOR INFORMATION & TELEPHONE ACCESS

**M**urray House has a common area, and visitors (maximum of four at anytime) are welcome in the house until 9 p.m. Quiet times are from 9 p.m. to 8 a.m. Children under the age of 18 must be supervised by an adult.

Each room is equipped with a telephone for local calls only, and you may receive calls in your room. Remember to dial 9 first for an outside line. You may also make long distance calls using a calling card or by calling collect. Instruction cards will be located by each phone.

Please help conserve energy by turning off lights, televisions, and other appliances when not in use. Hallway/emergency lights will be left on.

**MURRAY HOUSE PHONE NUMBER  
204-717-8700**

## HOUSEKEEPING AT THE HOUSE

**M**urray House is your “*home away from home*” while you are receiving treatment at **Western Manitoba Cancer Centre**. There are some housekeeping duties that you are responsible for which helps keep the cost of maintaining the house to a minimum.

- Keeping your room tidy
- Changing your own sheets if needed during the week. Housekeeping will change them every Friday.
- Keeping the kitchen and common areas tidy, loading, starting and unloading the dishwasher.

Housekeeping will be provided weekly during daytime hours.

Please let the housekeeper into your room when they make their rounds.

Laundry facilities (washer and dryer) are located in the basement free of charge but you must provide your own laundry supplies.

## FIRE PRECAUTIONS

*P*lease read the Murray House Fire Safety Information located at the elevator doors and inside of each guest room door. Familiarize yourself with the location of fire extinguishers and pull alarms throughout the house.

## CAFETERIA AND FOOD SERVICES

*Y*ou are responsible for providing or preparing your meals while staying in the House. Please note that there is a kitchen on the main floor of the home for your use. This kitchen consists of 2 stoves and oven, two microwaves, two dishwashers and two refrigerators. In addition, each room on the second floor will contain a smaller refrigerator and microwave for your use.

A cafeteria is located in the basement of the **Brandon Regional Health Centre** and is available for public use. Hours are 7:30 a.m. to 7:00 p.m.

Located near Murray House is a plaza and strip mall featuring a few different eateries. Both buildings are located west of the **Brandon Regional Health Centre**.

## AMENITIES AND SHOPS

*L*ocated west of the **Brandon Regional Health Centre** and within walking distance of Murray House are:

- Pharmacies
- Eateries
- Gas Bar
- Banking Institution

## ITEMS TO BRING TO THE HOUSE

You are encouraged to bring the following items with you when you come to Murray House:

- Emergency Information Card (found at the back of this booklet)
- Medication you are currently taking
- Equipment that you require, including oxygen
- Soap and shampoo
- Toothbrush, toothpaste and other toiletries
- Laundry detergent
- Food and/or snacks during you stay

You may also wish to bring personal items to make your stay more comfortable:

- Money and change for the vending machines (located in the **Brandon Regional Health Centre**)
- Calling card for long distance calls
- Your favorite pillow and/or blanket to help you feel more comfortable (pillows and blankets are provided)
- Casual clothing and comfortable shoes
- Pictures of family and friends
- Books, puzzles, knitting
- Music, player, batteries
- Consumption and storage of alcoholic beverages is permitted **ONLY** in the privacy of your own room
- **Pets** are not allowed in Murray House.

## ACTIVITIES

*M*ain Floor Common Room and Library:

If you wish to play games, do puzzles or scrapbook, all supplies are in drawers in main floor common room. DVD's and books are in the library. Computer and printer are available for guest use. There is free Wi-Fi at Murray House.

## **SERVICES AVAILABLE AT WESTERN MANITOBA CANCER CENTRE**

Staff are available Monday to Friday between the hours of 8 a.m. to 4 p.m.

### **Medical Staff**

The Cancer Program Physicians (by appointment only), oversee your cancer treatment and follow up that has been planned. It is important, however, for you and your family physician to continue to manage any other health related needs.

### **Nursing Staff**

Call **204-578-2222** should you have any concerns or problems related to your treatments. Please ask to speak to the Clinic Nurse. (There is also a Patient Navigator)

### **Radiation Therapists**

Call **204-578-2222** should you have any questions or concerns related to your radiation treatment. You will be directed to the type of help required.

### **Clerical Staff**

Call **204-578-2222** should you have any questions or changes regarding your appointments.

### **Social Worker**

Call **204-578-2206** should you need information, support or counseling for yourself or family members.

### **Dietitian**

Call **204-578-2234** should you have any concerns or need nutritional advice.

### **Pharmacist**

Call **204-578-2235** should you have any concerns or questions regarding the chemotherapy you are taking.

# SERVICES AVAILABLE AT BRANDON REGIONAL HEALTH CENTRE

## Spiritual Care

Call **204-578-4000** and ask to speak to the Spiritual Care person should you desire spiritual counseling (available 24 hours a day).

## Palliative Care

A palliative care nurse can be reached at **204-578-2340** should you require information about palliative care services.

## Pain and Symptom Management

Talk to your doctor or nurse for suggestions on how to manage your pain and symptoms related to your cancer. If necessary, a referral can be made to the Pain Management Clinic by your doctor or nurse.

## Housekeeping/Laundry

For supplies or extensive cleanups requiring assistance, please page housekeeping by calling **204-578-4000** between 7:45 a.m. and 11:30 p.m.

## Services Available at the Brandon Regional Health Centre:

|                |   |                               |
|----------------|---|-------------------------------|
| Bank Machine   | 24 Hours  | Basement General Centre       |
| Cafeteria      | 7:30 a.m. to 7 p.m.   | Basement General Centre       |
| Chapel Service | 6 a.m. to 9 p.m.  | Main Floor Assiniboine Centre |
| Gift Shop      | 10 a.m. to 8 p.m. (Mon - Fri)<br>1:30 p.m. to 4:30 p.m. (Sat - Sun) | East Atrium                   |
| Tim Hortons    | 6 a.m. to 8 p.m.  | East Atrium                   |

# PHONE NUMBERS

If you require any assistance; have any comments or concerns please refer to the numbers below.

Murray House Receptionist: **204-717-8700, Monday to Friday - 9:00 a.m. to 2:30 p.m.**

Regional Manager for Cancer Services, Prairie Mountain Health: **204-578-2210**

Prairie Mountain Health Comment Line at: **204-578-2104 or 1-800-735-6596**

Cancer Care Manitoba Patient Representative at: **204-787-2065**

Cancer Care Driver Booking Office: **1-888-532-6982 ext. 239**

Taxi's:

Four way Taxi: 204-727-2500

Sunset Taxi: 204-729-9000

Rainbow Taxi: 204-717-4000

United Taxi: 204-571-1111

ABC Taxi: 204-726-1600

Brandon Taxi: 204-727-0202

After hours and/or in the event of an emergency contact:

Security Services

**204-578-4000**

(ask for the Security Officer on duty)

or

**Call 911**



# PRAIRIE MOUNTAIN HEALTH

Please fill out and bring to the Murray House

## EMERGENCY INFORMATION CARD

Please keep this in your suite in case of emergency. Place next to phone in your room. Thank you for filling out this information clearly and accurately.

|   |                    |
|---|--------------------|
| <b>LAST NAME:</b>   | <b>FIRST NAME:</b> |
| <b>ADDRESS:</b>   |                    |
| <b>DATE OF BIRTH:</b>   |                    |
| <b>FAMILY DOCTOR:</b>   |                    |
| <b>DOCTOR AT WESTERN MANITOBA CANCER CARE:</b>                              |                    |
| <b>HEALTH CARE NUMBER:</b>  |                    |
| <b>MEDICATIONS:</b>   |                    |
| <b>ALLERGIES:</b>   |                    |
| <b>OXYGEN USE:</b> <input type="checkbox"/> YES <input type="checkbox"/> NO |                    |
| <b>EMERGENCY CONTACT:</b>   |                    |
| <b>RELATIONSHIP TO GUEST:</b>   |                    |
| <b>PHONE NUMBER:</b> (     ) _____ - _____                                  |                    |